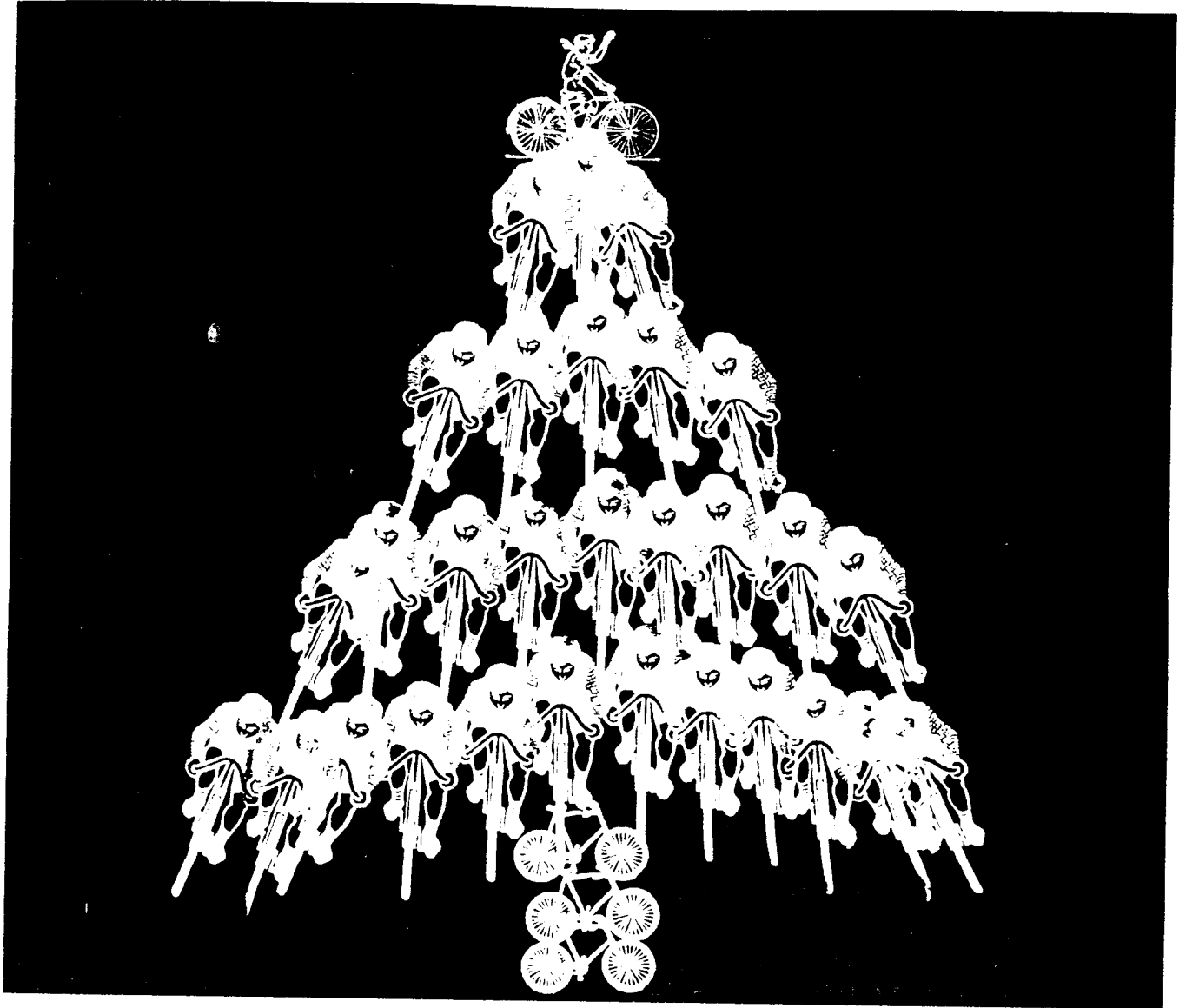


December
1988

New York Cycle Club

DECEMBER 1988 BULLETIN



Box 020877 Bklyn. NY 11202-0019
212-242-3900

PRESIDENT
Christy Guzzetta
49 West 75 Street
New York, N.Y. 10023
212/595-3674

V.P. PROGRAMS
Michael Toomey
345 West 88 St. 4D
New York, N.Y. 10024
212/787-6939

V.P. RIDES
Debbie Bell
526 West 113 Street
New York, N.Y. 10025
212/864-5153

SECRETARY
Arlene Ellner
101 East 16 Street 1G
New York, N.Y. 10003
212/677-3306

TREASURER
Holly Gray
57 Montague St. #5C
Brooklyn, N.Y. 11201
718/596-6336

PUBLIC RELATIONS DIRECTOR
Jody Saylor
49 West 75 Street
New York, N.Y. 10023
212/799-8293

MEMBERSHIP DIRECTOR
Barbara Levitan
703 President Street
Brooklyn, N.Y. 11215
718/622-2869

CIRCULATION MANAGER
Hannah Holland
211 West 106 Street 8C
New York, N.Y. 10025
212/666-2162

A-RIDES COORDINATOR
Roberta Pollock
601 West 115 Street #26
New York, N.Y. 10025
212/864-6182

B-RIDES COORDINATOR
Brian McCaffrey
237 Beach 121 Street
Belle Harbor, N.Y. 11694
718/634-1742

C-RIDES COORDINATOR
John Mulcare
73-12 35 Avenue
Jackson Hts., N.Y. 11372
718/672-5272

PAST PRESIDENT
Martha Ramos
75 Henry Street 23E
Brooklyn, N.Y. 11201
718/858-9142

EDITOR: CARYL HUDSON 165 WEST END AVENUE 29K NEW YORK N.Y. 10023 212 - 595 - 7010



GUIDELINES for CLUB RIDES

NYCC rides are friendly group rides by individuals of similar riding abilities. Our leaders are volunteers. In addition to setting the pace and choosing the route, they may require or recommend specific equipment (helmets, locks, etc.) in their ride descriptions. Unless otherwise stated, rain (snow, sleet) at the starting time cancels the ride. Many rides meet at the Boathouse on Central Park's East Drive, north of 72nd St.

Please be sure that your bike is in good working condition. Bring a pump, spare tube(s), patch kit, tire irons, water, pocket food, and medical I.D. Optional items include a lock, maps, bike permits for the commuter rail systems, and additional tools. Helmets are strongly recommended. Headphones are not.

Club rides generally approximate the speeds and characteristics listed below. You can assess your abilities by riding, at a comfortable pace, four laps around Central Park. The northern end of the park can be dangerous; ride with other cyclists or runners. Be sure to measure the time it takes you to complete the four laps, and not your average speed. In selecting your first club ride, be conservative. Choose an easier ride, and call the leader if you have any questions.

<u>Ride Class</u>	<u>Average Speed (not incl. stops)</u>	<u>Cruising Speed (on flat terrain)</u>	<u>Ride Description</u>	<u>Central Park Self-Classification Times (4 laps=24.5 mi.)</u>
AA	17+ mph	22+ mph	Vigorous riding, frequently	< 1 hr. 10 min.
A+	16-17	20-22	in pacelines. High regard	1:10 - 1:16
A	15-16	18.5-20	for good riding style.	1:16 - 1:23
A-	14-15	17-18.5	Stops every two hours or so.	1:23 - 1:30
B+	13-14	16-17	Moderate to brisk riding, with	1:30 - 1:38
B	12-13	15-16	more attention to scenery.	1:38 - 1:48
B-	11-12	14-15	Stops every hour or two.	1:48 - 2:00
C+	10-11	13-14	Leisurely to moderate riding;	2:00 - 2:14
C	9-10	12-13	destination oriented. Stops	2:14 - 2:30
C-	8-9	11-12	every half hour or so.	> 2 hr. 30 min.

Saturdays/ **THE NORTHWARD EXPRESS**--Racing SIG Rides. A leaderless performance-oriented ride up 9W where the group determines how far up and how fast and where fast. Meet at the Boathouse at 9 AM or the GWB at 9:30-9:40. It'll be fun and a good extension to the spring training series. Be prepared for fast group riding and therefore to be very alert. For information: David Walls (212-316-2336).

Sat Dec 3 **BAYVILLE/OYSTER BAY.** Leader: Arlene Brimer (718-847-8004). From the Boathouse. The last time I did this route, it was 97F with humidity to match. If it's not precipitating, we'll ride Long Island's North Shore to the Bayville luncheonette. Homeward through Oyster Bay. If all are willing, it might be fun (not to mention warm) to try a rotating single paceline.

Sat Dec 3 **LATE FALL IN NORTH JERSEY.** Leader: Jim Keehan (212-751-7866). From the GWB Bus Terminal, 178th St. & Ft. Washington Ave. Crisp riding through Bergen and Rockland Counties on this late fall Saturday. Indoor lunch and early return to the Bridge. Do not forget the antifreeze for your water bottle. Any precipitation or threatened precip. cancels.

Sat Dec 3 **DIAL-A-"C"-RIDE.** Leader: John Mulcare (718-672-5272). If the weather forecast the evening before sounds promising (e.g., no precip., wet roads, temp. below 40F, or winds above 10 mph), call me before 8 PM. The first caller may help determine the starting time, meeting place, and destination of the ride, giving due consideration to the limited hours of sunlight available. Later callers will be furnished with the details. Lunch will be indoors or out, as the weather dictates.

- Sun. Dec. 4 **DYNAMIC DUO DOES DYNASTY!** Leaders: Eileen O'Neill (212-819-0435) & Simone Smith (914-941-5013). From the Boathouse. Your Chanukah gift for today is a schmoozy ride to Northvale. Spooky-dokies welcome. The usual cancels.
- Sun. Dec. 4 **SEACLIFF.** Leaders: Alinda Barth (718-441-5612), Ed & Sara Flowers (718-544-9168). From the Statue, Queens ("E" or "F" train to Kew Gardens/Union Turnpike). Fight winter sloth and thigh puddingification with the valiant three from Queens. We will ride at a mellow winter pace and the ride may be lengthened or shortened according to weather conditions. Any precip., nasty stuff on the roads or temp. below 32F cancel.
- Sun. Dec. 4 **DIAL-A-"C"-RIDE.** Leader: John Mulcare (718-672-5272). See Sat., Dec. 3.
- Sat. Dec. 10 **SOMEWHERE THAT'S NOT NYACK.** Leader: Doug Blackburn (212-685-9495, h.; 201-893-4244, of.) From the Boathouse. I promise a reasonably-paced ride, with French Toast/blueberry pancakes at the halfway point, that doesn't go to Nyack. Trust me. Icy roads or start temp. below 30F cancel.
- Sat. Dec. 10 **JOSH'S JUNK FOOD JUNKET.** Leaders: Holly Gruskay (212-534-1156) & Josh Rubin (718-424-8342). 11:00 AM From the Boathouse. Get off your buns and cruise around the West Side to a Hungarian restaurant and pastry shop, and a tour of St. John the Divine's Cathedral. Locks recommended. If it's wet, we'll go bikeless (oohh!). B+/B Call first.
- Sat. Dec. 10 **BETHPAGE STATE PARK.** Leader: Peter Panico (718-672-7809, h. 2-880-9252, of.) From the 9:00 AM Statue, Queens ("E" or "F" train to Kew Gardens/Union Turnpike). Let's take the North Shore route to Bethpage B State Park with an indoor lunch if the weather is cool, and a nice, sociable "B" return to Queens. Temp. below 50± mi 32F, any precip. cancels
- Sun. Dec. 11 **FREEZE YOUR BUNS BEFORE BREAKFAST.** Leaders: Ed Fiskin (718-633-3038), Joe Irizarry (212-533-9:00 AM 6506, h., 212-382-2889, of.), Gene Kahn (718-768-5069), and Donna Slattery (718-680-0664). From the A- Boathouse. Three Viti, but not veni, vidi, vici. We'll warm up along Saddle River Rd. and meander up to Nyack 55± mi. for a sumptuous repast. Mountain bike path surprise on the way back (conditions permitting). Mountain bikes not required; helmets are! Temp. less than 35F, precip. or Dan Quayle speech on TV cancel.
- Sun. Dec. 11 **SEACLIFF--THE OTHER WAY.** Leaders: Alinda Barth (718-441-5612), Ed & Sara Flowers (718-544-9:30 AM 9168). From the Statue, Queens ("E" or "F" train to Kew Gardens/Union Turnpike). Join the valiant three A-/B+ again in their struggle to keep winter at bay for another mellow North Shore ride. The usual cancels (see 45 mi. Dec. 4).
- Sun. Dec. 11 **AUTUMN DIAL-A-"B"-RIDE.** Leader: Maggie Clarke (212-567-8272). If the weather seems promising for B- Sunday, give me a call on Saturday night. We will leave from the GWB area, with distance and destination to be determined.
- Sun. Dec. 11 **DIAL-A-"C"-RIDE.** Leader: John Mulcare (718-672-5272). See Sat., Dec. 3.
- Fri. Dec. 16 **'Twas NINE NIGHTS BEFORE CHRISTMAS.** Leader: Marty Wolf (212-935-1460). From parking area in 7:00 PM front of City Hall, Manhattan. Start the season off with a friendly-paced ride to the famous Guarino Christmas A/D/C display in Flatbush, Brooklyn. You'll see the most outrageous, extravagant Christmas display in the entire 30 mi. metropolitan area. Although it's a short ride in distance, don't plan to be home before 11 PM. Questions? -- call Marty. Temp. below 30F, precip. cancels.
- Sat. Dec. 17 **SANTA CLAUS LIVES IN THE GREAT SWAMP.** Leader: Marty Wolf (212-935-1460). From the S.I. 8:30 AM Ferry, Manhattan side. We'll take the 8:30 ferry to Staten Island, then on to Myersville and the Great Swamp. A- Just before we enter the swamp area, we'll stop to visit Santa Claus, Dasher, Comet, & Vixen. Bring a 75 mi. musette bag for the bargains we'll buy at Santa's shop. Temp. below 30F, precip. cancels.
- Sat. Dec. 17 **'Twas THE WEEKEND BEFORE CHRISTMAS.** Leader: Jim Keehan (212-751-7866). From the GWB Bus 9:00 AM Terminal, 178th St. & Ft. Washington Ave. All the holiday shopping done? No! Me, too! Let's put it off and go B for a ride on this Irv Weisman route through North Jersey. Indoor lunch and early return to the Bridge. Any 50± mi. precipitation or threatened precip. cancels.
- Sat. Dec. 17 **DIAL-A-"C"-RIDE.** Leader: John Mulcare (718-672-5272). See Sat., Dec. 3.

Sun. Dec. 18 **NYACK VARIATION IN A MINOR.** Leaders: Janet Kronstadt (212-595-7483) & Paul Mort (212-645-9:00 AM 5262). From the Boathouse. This is one of the most scenic and challenging of the Nyack variations. If it's a nice day, we can do some extra miles around Rockland Lake. Climbing gears and brakes are recommended.
A/A-
60± mi

Sun. Dec. 18 **TOUR DE CAFE.** Leaders: Alinda Barth (718-441-5612), Ed & Sara Flowers (718-544-9168). From the Statue, Queens ("E" or "F" train to Kew Gardens/Union Turnpike). Last call for the North Shore! A ride to A-/B+ Syosset with a few hills to warm us up. Lunch at a little cafe that serves good pastries and espresso. For 45 mi. cancellation conditions, see Dec. 4.

Sat. Dec. 24 **RUDOLPH'S RENDEZVOUS.** Leaders: Steve Baron (212-228-0555) & Caryl Hudson (212-595-7010). 8:45 AM From the Boathouse. Cross the GWB on the south walkway, look for Karin's Merckxx, and ride to Westwood A- for a knish and cup of mushroom barley before we guide the sleigh. Rain, snow, sleet, hail, dark of night 52 mi cancels (we go in fog).

Sat. Dec. 24 **DIAL-A-"B"-RIDE.** Leader: Brian McCaffrey (718-634-1742, h.; 212-880-9292, of.)

Sun. Dec. 25 **AGNOSTICS, ATHEISTS, AND ANTICHRISTIANS' RIDE.** Leader: Steve Sklar (212-245-3245, h.; 9:00 AM 212-558-9253, of.). From the Boathouse. Yule be glad you came (sorry, I couldn't resist). Nothing fancy. A Nyack, with a few hills thrown in, naturally. Membership in one of the above groups not required. Helmets 50 mi. recommended. Wet or icy conditions, temps. below 20F cancel.

Sun. Dec. 25 **DIAL-A-"B"-RIDE.** Leader: Brian McCaffrey (718-634-1742, h.; 212-880-9292, of.)

Sat. Dec. 31 **1ST....MAYBE LAST...."OLD" YEAR'S RIDE.** Leader: Christy Guzzetta (212-595-3675). From 49 W. 9:00 AM 75th St. Coffee and biscuits served at 9; we're on the road by 10 AM. There's a beautiful route along a small A country river in the Bronx. Yeah, sure there is! Really....It leads to brunch in a place you've never been 51 mi before. Serious winter weather cancels this ride, but not the breakfast. Schmoozy "A" kind of ride.

Sat. Dec. 31 **DIAL-A-"B"-RIDE.** Leader: Brian McCaffrey (718-634-1742, h.; 212-880-9292, of.) Call Brian before Thursday (Dec. 29), if you're interested in riding.

Sun. Jan. 1 **NEW YEAR'S DAY ANNUAL RIDE TO WHITE PLAINS.** Leader: Marty Wolf (212-935-1460). Meet at 10:00 AM the Boathouse for a laid-back trip to the Flagship in White Plains for brunch. This is your chance to start the A- New Year out right with an entry on your brand-new 1989 mileage chart. (No chart? The leader will give one 55 mi to all who ride today.) Temp. below 30F, precip. cancels.

Sun. Jan. 1 **DIAL-A-"B"-RIDE.** Leader: Brian McCaffrey (718-634-1742, h.; 212-880-9292, of.) Call Brian before Thursday (Dec. 29), if you're interested in riding.

Previews

Sat. Jan. 7

A/B+ **NATHAN'S OR BUST.** Leader: Herb Dershowitz (212-929-0787). 45 mi. to Coney Island, from the Boat-house at 9:30 AM.

Sun. Jan. 8

A To be announced; see next month's bulletin or call Roberta Pollock (212-864-6182).

LOBSTER ANYONE?

I am planning a cycling tour - from Saturday, August 5 to Friday, August 18, 1989 - roundtrip between Portland, Maine and Charlottetown, Prince Edward Island. This would entail about 300 miles of cycling each way with eight days of cycling averaging 75 miles, one day on the Yarmouth-Portland ferry and four days of optional trips from base. You should be a B cyclist or stronger and relatively immune to seasickness. (There are three ferries each way.)

If there is heavy interest, priority will be given to the above schedule. However, there are other possible options 1) for less energetic cyclists and 2) for those with less free time:

- 1) a one-week option, cycling every day an average of 40+ miles, staying with the round-trip group every other day, arriving in Charlottetown on Saturday, August 12.
- 2) a one-week option, cycling with the round-trip group, arriving in Charlottetown on August 11.

If the above piques your interest, call Paul Minkoff at 212-532-9000 during the day or leave a message at 718-937-6171.

Sunday, HIKE TO PINE MEADOW LAKE. Leader Ken Weissman (212) 406-0766. The first outing of the new Hiking SIG
December 11 will take us along a beautiful rushing stream, through hillsides of Mountain Laurel, to a pretty lake
All Class for lunch. Meet 8:45 am at Zaro's, South Building, Port Authority Bus Terminal for 9:05 bus to
8:45am Sloatsberg, N.Y. (approx. \$15 RT) Back about 4:30.

Pack lunch and snacks as there are no food stops. Clothing layers are appropriate. In NYCC terms:
Terrain A- (no heavy hills), speed Z. Leaves in any weather short of heavy rain.

XX
OUR MONTHLY MEMBERSHIP MEETING
XX

It's getting cold out now, we're not riding nearly as much as before. It's dark in the morning, the Park's open to cars in the evening, our friends are someplace other than on their bike. Nevertheless, once a month, on the 2nd Tuesday of every month, you can visit with your cycling friends, meet new club members, and have a laugh or two along the way. And it happens only at our monthly membership meeting!

We meet at O'hara's Restaurant, 120 Cedar Street (one block south of the World Trade Center, between Trinity and Greenwich Streets) starting at 6:00 PM. After our social hour and dinner, the meeting begins at about 8:00 PM. We hear about rides people have gone on, rides they plan to go on, announcements, cycling issues that affect us, New York Cycle Club news, etc.

Usually there is a big group of people who attend - sometimes as many as 100 people - and sometimes many, many more. They come to see their friends, tell tales of cycling experiences, to meet new club members, to take part in the meeting, or just to be around. And many stay to see the program which usually begins at around 9:00 PM. Our program could be slides of a tour, a doctor explaining the medicine of cycling, details of a big race, whatever, you name it. Bicycling - informative - entertaining - fun! The program caps the evening.

Despite the weather, despite the negative conditions that reduce our cycling joys - we get together on the second Tuesday of each and every month, at O'hara's Restaurant, starting at 6:00 PM - to have some bicycling fun! Come and join us.

Christy Guzzetta

XX
Minutes...
XX

NEW YORK CYCLE CLUB BOARD MEETING, 4 OCTOBER, 1988, O'HARA'S RESTAURANT

Present: Christy Guzzetta, Debbie Bell, Holly Gray, Roberta Pollock, John Mulcare,
Brian Mc Caffrey, Caryl Hudson, Martha Ramos.

Absent: Michael Toomey, Hannah Holland, Barbara Levitan, Arlene Ellner, Jody Sayler

Christy reported for Michael that Rick Plate suggested we give money to charity in lieu of making plaques.

Caryl distributed copies of the "Riding In A Paceline" article she will publish in bulletin.

Holly presented Financial Statement for the Third quarter.

Roberta working on "Ride Leader Guidelines". Copies will be included with Debbie's letter to new leaders, which will be distributed by Rides Coordinators.

Christy reported Marty Wolf will take charge of the election. Only those members listed on most recent roster in addition to those listed as new members will be eligible to vote.

Martha announced 1989 GEAR rally will be held 16-19 June, Skidmore College, Saratoga Springs, NY

Brian discussed possibility of a new NYCC jersey and of a "Dial-A-Ride" message listing rides.

Irv Weisman expressed wish to give post SIG recognition to his SIG riders next year in same manner as Christy. He asks that club riders continue to send him statistics.

Meeting adjourned at 8:30 PM

Respectfully submitted,

Christy Guzzetta

Every time I come across a new or revised book on etiquette--you know, table and party manners and the like--I have something of an endless loop from the brain's back burner kick in, of a Jeekyll-and-Hyde fantasy in which a famous writer, on her or his way to a Symposium on Manners and Upright Civility, blythely struts across a rush-hour intersection against a red light, panics, and freezes...directly in my path. In an attempt to avoid hitting said person I get a rare opportunity to study the undercarriage of an Autocar dumptruck--a la Mad Max--and barely survive to tell my tale to an Eyewitness News team arriving some 45 seconds later. The offending author's defensive posturing makes the deadline to the city's livingrooms at six P.M.: "Well, nobody I know would ride a bicycle around here anyway!" My reply, "Knowing you were loose on the streets, I mightn't either!" never makes the night's edit.

The illusion of civility isn't lost on a lot of long-time New Yorkers. Knowing that the person who opened the front door while leaving Macy's might think nothing of knocking you down in a dash for the vacant taxi standing out front belies etiquette's mixed intentions. Nowhere is this more apparent than in this fair City's twice-a-day tirade in getting from Here to There and, hopefully, back.

Here is where the allegedly well-bred and conspicuously well-heeled leave their marble-lobbied haunts at dawn and do battle among the haughty and hapless alike, as people have done since, er, the start of the Industrial Age. In this respect, among others, we haven't learned much since then. If anything, we've gotten worse: at the expense of repeating myself, when was the last time you saw a motorist, cyclist or pedestrian yield to a police, fire or EMS vehicle responding to an emergency call? In the above fantasy I haven't mentioned an ambulance; they're ten blocks away, stuck on a side street behind the Mayor's double-parked limo and ten cars behind them. In restaurants, people are playing at royalty; on the street, behind the wheel or on foot, they're cruising the Gaza Strip, Izusus for Uzis and devil take the unway.

The one man who may have hit the nail on the head about people's preoccupation with the artifice of etiquette is none other than P.J. O'Rourke, whom I still haven't quite forgiven for his tongue-in-cheek(?) trashing of cyclists in a piece he did for Car and Driver several years back. In 1983 he came out with a book (soon to be revised) called "Modern Manners: An Etiquette Guide for Rude People". On the subject of manners, or lack of same among New Yorkers, he said, in a recent interview, "Worrying about manners would seem to be the least problem in New York City. It's like worrying about closing the barn door when you don't have a barn. I'd sooner live in Beirut. The people are nicer and it's easier to get a cab."

As a cyclist, my take on New York etiquette would be to paraphrase Al Capone: A nice word and a V-8 will get you more than just a kind word.

LINKNOTES: WHILE I WAS OUT: A handful of things had kept me from delivering this column (hadn't noticed, right?), but I'm back, on as regular a schedule as I can muster....BACK TO ZERO: Now it can be told, old news that it is--Bicycle Rider magazine, missing and presumed dead (by me), was "absorbed" by Bicycle Guide. T. Boone Pickens would approve, though I'm stuck between disgust and amusement....THE LOW SPARK OF HIGH WHEELED BOYS?: Additional Old News from this past RAAM was that 7th place was taken by a non-racing recreational cyclist, on a 14-speed Moulton (just like...all right, I'll shut up!)...ANSWERED PRAYER #5: Speaking of Moultons, I'm now the owner of a 1965 Moulton Speedsix, intact but badly in need of a facelift. It's getting the full treatment, including a trip to CyclArt on the west coast....MEANEST TRICK I EVER SAW DEPT: While waiting for the light to change on 72nd & CPW, I watched as two guys, on a motorcycle heading uptown, crept up behind an unsuspecting "urban chowboy", pulled up alongside his bicycle long enough for the passenger to grab the shopping bag of hot food from the bicycle's front basket, then hightail it. So the next time you complain about take-out service....LET'S HOPE THEY DON'T MAKE A VIDEO: John Tesh, something of a low-rent Giorgio Moroder, has released an audio cassette of the music he composed and produced for this year's CBS Tour de France telecast. To paraphrase Gary Larson, Welcome To Hell, Here's your DX7....

NEW MEMBERS



#	NAME	STREET	CITY	ZIP	PHONE
1	ABERGEL, Gabriel	2015 E 21st St	B'klyn	11229	718-276-1956
2	AMARAL, Lucia Garcez D	28 E 10th ST #5E	N.Y.	10003	212-534-6393
5	FRIEDLAND, Joel	495 W. 186th St #4H	N.Y.	10033	212-927-8046
6	GERBER, Doug	243 W. 99th st #7C	N.Y.	10025	212-866-5782
7	HOCHSTEIN, Peter	1172 Park Ave #7D	N.Y.	10128	212-427-1041
8	KAHN, Eugene	90 Windsor Pl	B'klyn	11215	718-768-5069
9	KIRKPATRICK, Kathy	335 E. 65th ST #12	N.Y.	10021	212-570-9851
10	MARTIN, Julia	484 2nd Ave #19F	N.Y.	10016	212-696-4836
11	NAGLER, Bob	214 E. 24th St #3F	N.Y.	10010	212-689-3574
13	PERRY, Arthur	7 W. 14th St #10LS	N.Y.	10011	212-255-3758
14	ROSEMAN, Edward	910 Hudson St	Hoboken, NJ	07030	201-798-4425
15	RUDDER, Molly	224 Sullivan St. #E31	N.Y.	10012	212-254-1027
16	SAKHAROV, Mae	207 W. 11th St #6C	N.Y.	10014	
17	SAWYER, Bill				
19	SHELLHORN, Charles				
20	SOPER, Matthew Jr.	200 Salt Point Tpke #1	Poughkeepsie NY	12603	914-471-2797
21	STACHNIK, Joseph	480 Second Ave #27E	N.Y.	10016	212-889-7434
22	SWARR, Timothy	30-90 38th ST #4L	Astoria	11103	718-278-4521
23	SYLVESTER, Linda	2265 Fifth Ave. #10C	N.Y.	10037	212-491-3939
24	WEIL, Jeff	67-39 150 St	Flushing	11367	718-261-1987

BICYCLE HABITAT

BICYCLE AND ACCESSORY SALE

** CANNONDALE **

7R400	500.	375.
7R500	600.	425.
7R600	750.	500.
7T400	500.	375.
7T600	700.	480.
8M1000	1200.	875.
8M400	500.	375.
8M500	585.	470.
8M600	775.	610.
8M700	800.	640.
8R1000	1175.	875.
8R2000	1700.	1250.
8R300	450.	360.
8R500	640.	490.
8R500X	600.	450.
8R700	800.	640.
8R800	930.	740.
8T1000	1100.	880.
8T400	500.	400.
8T700	750.	600.

** TREK **

1000	499.	450.
1200	629.	579.
330	349.	329.
400D	459.	429.
400T	479.	449.
800	379.	359.
820.	429.	389.
830	489.	439.
850	589.	489.
900	319.	299.

** CENTURION **

ACCORDO	350.	275.
CAVALETTO	260.	220.
IRONMAN	595.	425.
SIGNET	230.	175.

** FAT CITY **

CHANCE	1100.	990.
--------	-------	------

** FISHER **

HOO KOO	700.	650.
MONTARE	840.	700.
MONT XT	1200.	925.
PRO CAL	1450.	1100.

** ROSSIN **

CROMOR SPRINT	1050.	750.
CROMOR TRI105	920.	635.
GHIBLI CHORUS	2195.	1560.
GHIBLI CROCE	2695.	1875.
SL- CHORUS	1795.	1360.
SL- VICTORY	1195.	860.
MARATHON MTN.	1050.	780.

** SPECIALIZED **

HARDROCK	380.	340.
ROCKHOPPER	460.	420.
ROCK COMP.	630.	529.

** UNIVEGA **

ALPINA UNO	475.	439.
ARROWPACE	325.	200.
LAND ROVER 12	280.	260.
RANGE ROVER 18	330.	300.
ROVER SPORT	400.	350.

** ZEBRA **

ARROW	380.	280.
CASCADE	325.	275.
COMET	340.	250.
MATRIX	260.	240.
RACER	200.	185.
RANGER	325.	275.
TEMPEST	300.	250.

** MONTAGUE **

FOLDING	450.	435.
---------	------	------

SUPER SPECIAL: CAMPAGNOLO CHORUS GROUP WITH CAMPY VICTORY STRADA RIMS, STAINLESS SPOKES. (BUILT UP) WOLBER SP-1 TUBULARS, WHITE CINELLI SADDLE AND CORE RIBBON MODOLLO BAR AND STEMS, REGINA CHAIN AND FREEWHEEL - IN SHORT EVERYTHING BUT THE FRAME. The rub these are new groupos which were factory installed on Cannondale frames. A few installation scratches may be noticeable.

CLOSROUTS:

AT 7TH AVENUE. WE HAVE OVER 250 JERSEYS FOR \$10.00 EACH
AT LAFAYETTE ST. TRAINERS:

SPECIALIZED 4000	85.00
VETTA LUGANO	75.00
AVENIR	75.00
MCLAIN FOLDING	85.00
PIGGYBACK	60.00

EVERYTHING ELSE 20% OFF

BICYCLE HABITAT'S TWO GREAT LOCATIONS

194 7TH AVENUE
N.Y. N.Y.
BETWEEN 21 AND 22 STREETS
691-2783

244 LAFAYETTE ST
N.Y. N.Y.
BETWEEN PRINCE AND SPRING
431-3315

LIMITED TO QUANTITIES ON HAND, MENTION THIS AD TO GET THESE PRICES, SALE END 12/31/88

range of address

NAME	STREET	CITY	ZIP	PHONE
BAUM, Jack	49 Tappan Court	Staten Island	10304	718-816-4017
D'AMORE, Thomas	450 7th St. #2K	Hoboken	07030	201-963-8253
PASTRICH, Debby L	405 W. 57th st. #2E	N.Y.	10019	212-772-1434
WITTEN, Wendy	259 W. 10th st. #1A	N.Y.	10014	212-473-8306

You Mean You Started in the Rain? or, A Proposal for Creation of the Weather Team

by Peter Meitzler

I learned one thing about riding in the rain November 5: carry spare socks in plastic bags. I noticed other phenomena as I took on water: my feet turned black from shoe dye, my hands and bars turned red from glove dye, and the grey anodized finish on my Mavic rims gradually disappeared.

As rides go, this was an improv B ride, from the boathouse to Nyack and back. My cohort in this soggy enterprise was fellow NYCC member Denise Pivaro. In spite of the predicted rain that day, hubris won out and we headed for the GWB. It was drizzling when we started, and by 178th, it was serious rain. Still, we pedaled (out of pride, indifference, or perhaps lack of reasoning ability?) Bridge crossing made, we took cover under a roadway to assess. Several riders riding back to Manhattan offered sympathetic looks, and one questioned the sanity of beginning a ride in the rain. This story could have ended right there were we not NYCC riders.

I have to admit I enjoyed the rain. I seemed to concentrate more on the weather than the distance of the ride, and before long we reached Nyack. First stop: Skylark. We were the only riders present, meaning the proprietor showered us with attention and congrats. If there's another restaurant where bikers can go (with bikes) to eat and be loved so much, I haven't heard of it.

The ride back was beautiful. The Hudson was a stormy grey, the Tappan Zee shrouded with fog, and damp, billowy leaves the size of chainwheels blew from the trees. I'm inspired to do it again.... In honor of those of us who ride in the rain, either by choice or chance, I propose a special branch of the club, the *Weather Team* to be created, and I propose the following patch be issued to members:



GEORGE WASHINGTON BRIDGE UPDATE

On Sunday November 6, as Karin Fantus was crossing the GWB, she was attacked, left with several severe bruises, and deprived of her 53cm red Merckx. Karin filed a report with the NYC police dept., including the serial number of her bike. If you should spot her red Merckx with Campy Super and Nova Record mixed gruppo, Nova Record long cage derailleur, Campy Omega rims - get the police to detain bike and possessor. Karin will, because of the serial number, be able to positively identify her bike.

Meanwhile, if you know of a 53cm bike for sale the Karin might like, let her know.

GWB authorities continue to direct their energies towards keeping cyclists off the bridge rather than maintaining safety and security on the bridge.



Comments on Safety

Dear Editor:

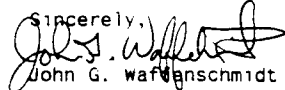
I was very pleased to see two articles related to cycling safety in the November bulletin, namely Irv Weisman's call for Effective Cycling and Jack Pollock's paceline article. This approach to safety is welcome, since I feel that we, as a club, have too many accidents; we should all strive to lower their frequency. On the topic of cycling safety, I have several comments; they are:

GOING DOWNHILL - Pollock suggests maintaining the paceline while going downhill; I feel that this is a mistake when going down hills where the speeds will push above 30 mph. In those instances, the paceline should spread out, allowing 2-3 bikelengths between bikes, go single, and regroup once the hill levels out. The reason is that reaction times shorten and stopping distances increase. In addition, those who are enamored to go fast should go off the front; don't wait for everyone to start going down then pass everyone on the downhill. A greater demonstration of strength, at a lesser compromise in safety, would be accomplished by passing people on the uphills.

ADJUSTMENTS - When you need to check your brakes, bend your waterbottle cage, take off or put on a jacket, or whatever, do it in the back, not in the front or the middle of a paceline.

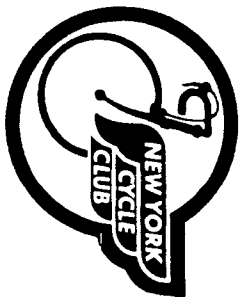
CAR BACK - When the call 'car back' is heard, the paceline should pull 'tight to the right', maintain the double paceline or go single. The goal should be to get that car past the group quickly and with low frustration; pulling tight to the right accomplishes this. A frustrated driver is less likely to exercise good sense in passing.

In professional safety training, you learn that accidents are not inevitable and that safety can be managed. An oft represented figure is a triangle which shows an accident on top, ten near misses on the second level, and one hundred unsafe acts on the lowest level. That means that if you want to reduce accidents you have to reduce the number of unsafe acts. If you cut the frequency of unsafe acts in half, you will cut the number of accidents in half, simple as that. Every time I go out on a widely attended club ride, I see a plethora of unsafe acts and an occasional accident. If we all start to ride safer, we are all better off for it - we should all comment to each other and make us safer as a group. Merely being strong enough to ride at a particular speed is not enough, bike handling skills and courteous behavior to each other and other users of the road all contribute to becoming a good rider. The point I am trying to make is that all of us can be better than we presently are, we should all keep striving to be better. I would suggest that the club consider adopting a motto about safety. My suggestion - 'NOTHING IS MORE IMPORTANT THAN SAFETY, NOT MILEAGE, NOT SPEED, NOT SCMOOZING. ALL ACCIDENTS ARE PREVENTABLE, THEY ARE NOT INEVITABLE. SAFETY IS AN INDIVIDUAL RESPONSIBILITY AND A CONDITION OF RIDING IN THE NEW YORK CYCLE CLUB.' The bottom line is that if we reduce the unsafe acts, we will reduce the accident rate. Let's do it.

Sincerely,

John G. Wafschmidt

ELECTION BALLOTS ACCEPTED TILL DECEMBER MEETING

Due to late arrival of November bulletins, ballots cast in November are being held, and ballots will be accepted up till 8 pm of the December 13th meeting at O'Hara's, or by mail to Marty Wolf before that meeting. For your convenience, a reduced copy of the ballot appears in this December bulletin, though it is preferable to use the full-sized ballot from the November bulletin. No unidentified ballots will be accepted, and any repeat votes will be discounted BOTH times!



ELECTIONS
BALLOT

Vote-it's your choice!

THIS BALLOT IS FROM NYCC MEMBER

PLEASE PRINT ADDRESS

PLACE IN AN ENVELOPE AND MAIL TO: Marty Wolf

360 East 50th Street #2G

New York, New York 10022

On a rainy November Tuesday \$15 will get you \$17.50 in quarters, \$3.00 towards your lunch, and a round trip bus to Atlantic City to see INTERBIKE, an annual bicoastal bicycle trade show. (Reno and Atlantic City - it's a gamble either way.) The quarters made it all worthwhile - I can do my laundry nine times!

I went with two heads: the what new dream bike would I buy head, and the what would I stock in my ideal bike shop head. I came away pretty empty-headed. The news in bikes of course is carbon, titanium, aluminum, SIS, clipless pedal systems, Scott's aero handlebars (not practical for paceline riding, but popular amongst tri-athletes who may not draft), and last but not least, fancy fluorascent paint jobs. Custom frame builders are still in steel - the new materials are too difficult to be practical for them. No, I didn't see my dream bike because I want a custom made to MY measure frame in a non-steel material.

But I'd LOVE a pair of Time's titanium clipless pedals - they're incredibly light and allow enough lateral movement to save my knees.

HELMETS: Soft shells proliferate because their light weight makes them popular. We were VERY impressed by LT, an Italian helmet with nylon mesh 1/4" below the surface of the soft shell. They demonstrated by dropping a steel spike onto it - it dented a bit on the surface, but did not penetrate.

There are lots of great-looking new shoes- Avia has an interesting lace-strap type velcro closure; Asics/Tiger has gel in the TONGUE to cushion the upper part of the foot from the toeclips; Reebok is back in business, having rejected their first shipments because they weren't satisfied with the quality but now feels their suppliers meet their standards. Of course, they all have clothes to match, as does Nike. Unfortunately the clothes are a disappointment. Several weeks ago I saw the Action Sports Retailer Show, a board sports show full of cycling-inspired but playfully designed fluorescent styling for surfboarding, skateboarding, sailboarding, skiing. Of course after that I was board with the genuine cycling clothes - not enough color, too many cluttered busy graphics, too many black backs. Those bright fluorescent colors are also an added safety factor because they are highly visible. Pearl Izumi, Giordano and Sunbuster had the best clothes there, and the glove makers had fun with bright colors. But beware of the new neoprene gloves - they don't breathe. All things considered, I'd have a hard time stocking my ideal bike shop with clothes and bike accessories I love.

NEW YORK CYCLE CLUB -- BALLOT FOR 1989 BOARD OF DIRECTORS -- INSTRUCTIONS

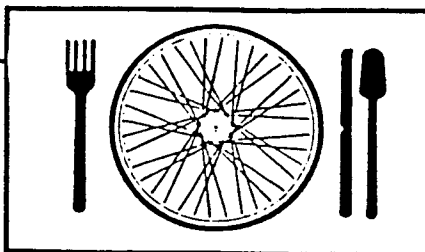
1. Every member, including both members of a couple, is eligible to vote.
2. Tear out or photocopy this ballot. Couples should photocopy the ballot so that each submits an individual ballot. One ballot equals one vote. Two people MAY NOT vote on the same ballot.
3. PRINT PRINT PRINT your name and address on the reverse side. This is for validation purposes and will be removed before the ballot is opened and the votes counted. Sealed ballots will be validated against the roster.
4. Indicate your choice - one only - for each office on the ballot.
5. Fold the ballot as indicated, then staple or otherwise seal it.
6. Mail the sealed ballot(s) in an envelope to the person designated on the reverse in sufficient time to receive them before MONDAY, NOVEMBER 7 1988, or deliver the sealed ballot(s) to that person at the club meeting November 8 by 8 p.m.
7. Ballots will be counted at the November club meeting and the results announced at that meeting and published in the December 1988 Bulletin.

FOLD DOWN #2 FOLD

OFFICE	NOMINEES
PRESIDENT	Christy Guzzetta
VICE PRESIDENT OF PROGRAMS	Richard Rosenthal
VICE PRESIDENT OF RIDES	Simone Smith
SECRETARY	Arlene Ellner
TREASURER	Debbie Bell
PUBLIC RELATIONS DIRECTOR	Martha Ramos
EDITOR	Janet Kronstadt
	FOLD UP #1 FOLD

MEMBERSHIP DIRECTOR	Holly Gray
CIRCULATION MANAGER	Hannah Holland
A RIDES COORDINATOR	Roberta Pollock
B RIDES COORDINATOR	Brian McCaffery
C RIDES COORDINATOR	Ken Weisman

New York Cycle Club
Tuesday
December 13



O'Hara's
120 Cedar Street
New York

Christmas Party 1988

Come join us for the New York Cycle Club's annual Christmas Party. It features a fixed price buffet dinner for \$15.00 per person. Awards will be presented for various categories, such as *"Most Improved Rider"* - *"Animal"* - *"Woman Cyclist of the Year"* - *"Couple of the Year"* and many other serious, semi-serious and totally un-serious categories. If you would like to nominate a new category, please inform a member of the board so that a certificate can be produced.

O'Hara's is one block south of the World Trade Center between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right and go upstairs to our private dining room.

Bicycle parking is provided. Take the elevator to the 4th floor and leave your bike in the storage area provided. Bring a lock for security.

CLASSIFIEDS

CLINCHER WHEELSETS FOR SALE

32 spoke Campy Omega box rims w/Chorus hubsets, almost new \$125. 36 spoke Mavic MA40 rims w/Superbe Pro hubs, real smooth \$100. Call Joe Furman at (609) 275-6240.

FOR SALE on or about end of December: 1986 Cannondale SR 1000 Road Frame, 58cm, all welds finished, custom black Imron paint, Dura Ace bottom bracket and headset (new), well maintained, many spare parts and extras. Reasonable. Contact Gerhard Meilen (212) 724-8622 (h) (212) 697-1420 (o)

FOR SALE: 23" frame Rex 10-speed man's bike; metallic copper, upright handlebars. Ideal commuter bike at \$100.

CAMERAS FOR SALE: 4x5 Calumet view with long bellows, case, film holders. 4x5 Super Speed Graphic. 2 1/4 square SLR Rollei SLX with prism finder, 3 lenses and extension tubes. I also have all the equipment for an excellent black and white darkroom and no place to put it: I'd like to trade use of my equipment for your space and occasional use by me. Call Steve at (212) 595-7010.

FOR SALE: 56cm Specialized Expedition- Specialized, Suntour, Cinelli, plus ESSE fenders, Blackburn rack, generator light. Excellent condition. \$500. Call CLAY HEYDORN (914) 941-5013

HEY, QUIT SPINNING YOUR WHEELS!

(at least for a weekend)

... and come cross country skiing with us.
Enjoy the pleasures of a lovely country inn,
hearty meals, good company
and some absolutely beautiful
New England countryside.

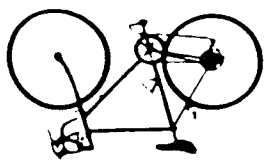
breakaway 
vacations

Never skied before?
That's OK, we'll teach you.

And we can help arrange for ski rentals.

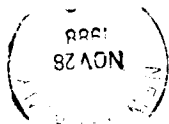
CALL US FOR A BROCHURE:
(212) 722-4221





First Class

268-267
ALBANY DRIVER MAILING
CHRIS MAILING
110-30 MYRTLE AVE
RICHMOND HILL, NY
11418



New York Cycle Club
Hannah Holland
211 W. 106 St. 8C
N.Y., N.Y. 10025

New York Cycle Club Membership Application

I know that bicycling is a potentially hazardous activity. I represent that my physical condition and the condition of my equipment is to the best of my knowledge adequate to allow me to participate in NYCC activities. I assume all risks associated with such activities, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the NYCC, its Board of Directors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in NYCC activities.

NAME _____ SIGNATURE _____

ADDRESS _____ APT _____ PHONE(H) _____

CITY _____ STATE _____ ZIP _____ PHONE(W) _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEW _____

CIRCLE IF APPLICABLE: I do not wish my (address) (phone number) listed in the roster published semi-annually in the bulletin.

WHERE DID YOU HEAR OF NYCC? _____

OTHER CYCLING MEMBERSHIPS(circle): AMC AYH LAW TA CRCA CCC Other: _____

1988 Dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving one bulletin. Mail this application with a check made payable to the New York Cycle Club to:

NEW YORK CYCLE CLUB, P.O. BOX 020877 BROOKLYN, NEW YORK 11202 - 0019. TELEPHONE 212/ 242-3900